Virtual Reality Exposure (VRE) for treating selective mutism in schools

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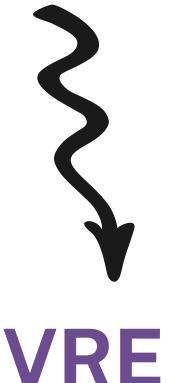
on behalf of the selective mutism research group*

Background

- Rare anxiety disorder (prevalence 0.2-1.9%)
- Consistent refusal to speak in certain situations
- Severe impact on daily functioning



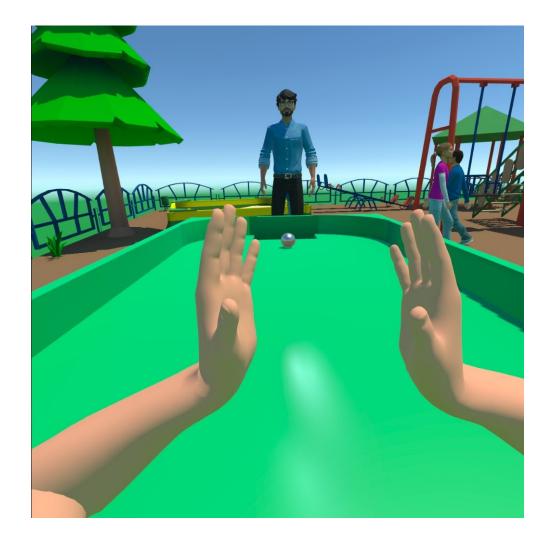




Pilot

Previously

- RCT (n=86, ages 3-16 year
- Behavioral therapy <u>at</u>
 <u>school</u>vs. waitlist
- Both groups improved
- ?! COVID-19 !?



4 children & therapists

Feasible & helpful: 4,5 (range 1-5)

INTERACTIVE AT HOME CHILD-FRIENDLY Current project: effectiveness of VRE as add-on

All 10 stepts of behavioral therapy in VRE Single-case experimental design (SCED)

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